



HEADQUARTERS UNITED STATES MILITARY ACADEMY  
OFFICE OF THE COMMANDANT OF CADETS  
WEST POINT, NEW YORK 10996

MACC-P

14 June 2004

USCC POLICY MEMORANDUM 42-04

SUBJECT: Commandant's Physical Training Unit Incentives Program

**1. REFERENCES:**

a. Army Regulation (AR) 350-41, Training in Units, Chapter 9 (Physical Fitness), dtd 19 Apr 93 [Supercedes AR 350-15].

b. Field Manual (FM) 21-20, Physical Fitness Training, Chapter 14, (Army Physical Fitness Test), dtd 30 Sep 92.

c. United States Military Academy (USMA), Department of Physical Education (DPE) Whitebook AY 02-03.

d. United States Corps of Cadets (USCC) Command Guidance, Academic Year (AY) 02-03.

**2. PURPOSE:** The purpose of this memorandum is to establish policy for the implementation of specific unit incentives designed to increase the physical fitness level amongst the Corps of Cadets and to inspire in each cadet a lifetime commitment towards the pursuit of physical fitness excellence.

**3. APPLICABILITY:** This policy applies to all cadets in the USCC.

**4. BACKGROUND:**

a. Several individual awards currently exist to recognize excellent individual physical fitness and outstanding performance in the Physical Program. These include the Army Physical Fitness Badge (APFB), the Indoor Obstacle Course Test (IOCT) tab, the Commandant's Award, the Number One Man/Woman Cadet in the Physical Program, and the Superintendent's Award.

b. Peer encouragement provided in a unit's common pursuit of physical fitness excellence is an effective motivational tool, complementary to developing physical leaders by example. This policy is intended to provide incentives that inspire cadets to work together towards attaining the common objective of physical excellence.

**5. Army Physical Fitness Test (APFT) Excellence Award:**

MACC-P

SUBJECT: Commandant's Physical Training Unit Incentives Program

a. The AFPT Excellence Award is designed as an incentive to motivate cadet companies towards the pursuit of excellence on the APFT. It is awarded semiannually based on performance during either the Fall or Spring record APFT.

b. Criteria for the award include:

(1) A 275+ unit average.

(2) No test failures.

(3) At least 90% of the company strength must take a valid three-event APFT during the primary scheduled testing period. 100% of the company's available, physically healthy strength must test at this time.

c. Companies earning the APFT Excellence Award will receive the following incentives to be awarded by the Commandant of Cadets at a company formation:

(1) Streamer to be carried on the company guidon for the remainder of the academic term in which the award was earned and during the following academic term. Companies must subsequently re-earn the award to continue to carry the streamer.

(2) One-week excusal from AML.

(3) A pass for each member of the company who took and passed the test during the primary scheduled testing period.

6. Regimental APFT Award:

a. The Regimental AFPT Award is designed to promote competition between companies within each cadet regiment in pursuit of excellence on the APFT. It is awarded semiannually based on APFT performance on the Fall and Spring APFTs.

b. Criteria for earning the Regimental APFT Award include:

(1) The highest company APFT average in each cadet regiment, regardless of whether the unit earned the APFT Excellence Award.

(2) At least 90% of the company strength must take a valid three-event APFT during the primary scheduled testing period. 100% of the company's available, physically healthy strength must test at this time.

MACC-P

SUBJECT: Commandant's Physical Training Unit Incentives Program

c. Companies earning the Regimental APFT Award will receive the following incentives to be awarded by DPE at a company formation:

(1) Company designation to be inscribed on the Regimental APFT Award Plaque mounted on the Wall of Physical Fitness Excellence in the Class of '62 Room, Arvin Physical Development Center.

(2) Regimental APFT Award certificate.

(3) Company leads the regiment in pass and review during the next scheduled parade.

7. Commandant's Unit Fitness Excellence Award:

a. The Commandant's Unit Fitness Excellence Award is designed to recognize cadet companies that epitomize physical fitness excellence. As such, the scope of criteria for the award is intentionally broader than for the other unit incentives. It is awarded annually, at the end of the AY, based on performance during either the Fall or Spring record APFT, the IOCT, and a timed 4-mile unit run. The cutoff date for award determination is the last day of classes, second academic term.

b. Criteria for the award include:

(1) APFT Excellence Award earned once during the AY.

(2) At least 90% company strength pass the IOCT. Alternate tests are not permitted.

(3) No fallouts on a 4-mile (36 minutes) unit run with standard route designated by DPE. 100% of the company's available, physically healthy strength must run at this time and must exceed 90% of assigned strength.

(4) No cadets enrolled in the Army Weight Control Program (AWCP) as of the cutoff date.

c. Companies earning the Commandant's Unit Fitness Excellence Award will receive the following incentives to be awarded by the Commandant of Cadets at the Graduation Parade:

(1) Streamer embroidered with the words "Commandant's PT Warriors" to be carried on the company guidon for the subsequent academic year. Companies must subsequently re-earn the award to continue to carry the streamer.

(2) Commandant's Unit Fitness Excellence Award certificate for each participating member of the unit.

MACC-P

SUBJECT: Commandant's Physical Training Unit Incentives Program

(3) Pizza party with the Commandant.

8. This policy remains in effect until revised or rescinded.

9. Point of contact for this policy is DPE Instructional Administration Office, x5887.

*//original signed//*

GREGORY A. STONE

COL, AR

Chief of Staff, USCC